

The image shows an open notebook with two pages, 222 and 223. Both pages are cream-colored and feature light blue horizontal ruling. A red double-line header is present at the top of each page. Below the header, the pages are divided into columns by vertical lines. On page 222, there are two red vertical lines on the left side, followed by two blue vertical lines, and then two red vertical lines on the right side. On page 223, there are two red vertical lines on the left side, followed by two blue vertical lines, and then two red vertical lines on the right side. The pages are otherwise blank.